

# 2017 DioNEB Men's Spirituality Retreat



St. Benedict Center, Schuyler, NE

5:00 PM Friday, Feb. 17<sup>th</sup> — 12:00 noon Sunday, Feb. 19<sup>th</sup>

Join Fr. Randy Goeke and Fr. Jerry Ness as we explore  
God's call to deeper relationship with Christ and each other.

<http://mensretreat.episcopal-ne.org/retreat-registration.html>

Cost is \$140 for a single and \$120 for a double, per person, includes 2 night stay and 6 meals.

Registration Deadline—February 1<sup>st</sup>, 2017

Study • Worship • Pray • Recharge • Connect



Diocese of Nebraska Men's Spirituality Retreat Agenda  
February 17-19, 2017

**FRIDAY EVENING - Feb. 17**

5:00 p.m.	Arrival & Check-in
6:15 p.m.	Dinner
7:00 p.m.	Evening Prayer in the Chapel
7:30 p.m.	Introduction to Weekend Gathering Exercise - Bible Trivia
9:00 p.m.	Compline in the Chapel followed by Meditation & Time for Reflection – Individually, Pairs, or Small Groups

**SATURDAY - Feb. 18**

Quiet time for prayer, walking, rosary, *etc.*

7:30 a.m.	Breakfast
9:00 a.m.	Eucharist in the Chapel
10:00-10:15	First Meditation – <i>A New Heart and a New Spirit</i> (Ezekiel 36:24-28)
10:15-11:00	Meditation - Individually, Pairs, or Small Groups*
11:00-11:15	Second Meditation – <i>The Gathering of God's People</i> (Zephaniah 3:14-20)
11:15-Noon	Meditation - Individually, Pairs, or Small Groups*
12:15	Lunch
1:00-1:15	Third Meditation – <i>Newness of Life</i> (Romans 6:3-11)
1:15-2:00	Meditation - Individually, Pairs, or Small Groups*
2:00-2:15	Fourth Meditation – <i>The Resurrection</i> (Luke 24:1-12)
2:15-3:00	Meditation - Individually, Pairs, or Small Groups*
3:00-6:15	Quiet time*
6:15 p.m.	Dinner
7:00-7:30	Community Conversation
7:30	Movie, games, quiet time*
After Movie	Compline in the Chapel

**SUNDAY - Feb. 19**

Quiet time for prayer, walking, rosary, *etc.*

7:30 a.m.	Breakfast
8:30 a.m.	Holy Eucharist with healing in the Chapel Depart

\*During these times of quiet and meditation Fr. Jerry and Fr. Randy will be available for prayer, confession, direction, conversation, *etc.*

Registration deadline February 1<sup>st</sup>, 2017 <http://mensretreat.episcopal-ne.org/retreat-registration.html>